



ASIAN MEDICAL STUDENTS' ASSOCIATION
UNITED KINGDOM



The Hong Kong Medical Society of the United Kingdom

英國香港留學生醫學會

A panel discussion on Passing the HKMLE



Feb 11 (Sat)



3:30 PM



Imperial College London
South Kensington Campus
Huxley Lecture Theatre 311

The Hong Kong Medical Society of the United Kingdom (HKMSUK)



Meet and Greet (Aug 2016)



Aspiring Medical Students
Information Session (Aug 2016)



London Gathering (Sept 2016)



A Sharing from Dr. Gary Lau (Nov 2016)



Birmingham Christmas Market (Dec 2016)



- Council may prohibit a person from taking the Licensing Examination if the person has taken any one part of the Licensing Examination 5 consecutive times and has failed each time



Application timeline

	First sitting	Second sitting
Paper exam application + application fee payment	Mid Oct - Mid Nov	Mid April - Mid May
Exam fee payment	January	July
Paper exam	Early March	Early Sep
Paper results - <i>usually 2 weeks from exam</i>	Mid March	Mid Sep
Clinical exam application +/- application fee payment	Late March	Late Sep
Exam fee payment	Early April	Early October
Indication of internship commencement	Early April	Early October
Exam venue details (usually 1 month before)	Late April	Late October
Clinical exam	Late May - early June	Late Nov - early Dec

Document checklist

- ▶ Form 1 - for new applicants
- ▶ Form 2 - For resit candidates and those sitting clinical part
- ▶ Form 3 - Exemption for part 2, or part 3 if have required experience
- ▶ No need to pay application fee again if applying within same sitting
- ▶ i.e. passed part 1, then applying part 3 immediately in same sitting

Document checklist (New candidates)

- ▶ Undergraduate degree certificate + photocopy
- ▶ GMC certificate + photocopy
- ▶ Academic transcript + photocopy
- ▶ HK ID card / Passport + photocopy
- ▶ Internship certificate - FACD 5.1 or 5.2
- ▶ CV
- ▶ Certificate of good standing - send electronically by UK GMC independently
 - ▶ Has to be issued within 3 months of application.
- ▶ Character references x 2
- ▶ University certification (Part VI)

第六部分 院校證明
Part VI Certification by Institution

所有在上列第二部分(I)項所述資格的頒授院校，皆須填寫，並須由正式授權之職員簽署，及蓋上院校印章。
Should be completed by all institutions which conferred the qualification as indicated in Part II (I) above, and must be signed by an officer authorized by the institution and stamped with the official seal of the institution.

茲證明 _____ (申請人姓名)，出生日期為 _____，
在本校醫學院修讀，並圓滿地完成 _____ 年制全時間之 _____ 醫學課程，
就讀日期由 _____ (年/月) 至 _____ (年/月)，考試及格，獲准畢業。
於 _____ (年/月) 獲頒授 _____ (資格)。

This is to certify that JEFFREY CHUK FAN LAO (applicant's name) born on 1/1/1985
attended the full-time 5 years medical training programme of BACHELOR OF MEDICINE AND BACHELOR OF SURGERY
in the medical school of this institution, during the period from SEPTEMBER 2015 to JULY 2019.
He/She satisfactorily completed the programme and fulfilled all the requirements for graduation.
He/She was awarded the MBChB (qualification) in JULY 2019 (month/year).

本校全所醫學院，及申請人修讀之所有醫學課程，在上述期間所採用之主要教學語言為：
During the above period, the principal medium of instruction in the whole medical school and in the whole of the applicant's training programme was:-

英語 English	其他語言 (請註明) Other language (please specify)
講課 Lectures	<input checked="" type="checkbox"/> <input type="checkbox"/>
臨床教授/指導 Bedside teaching/tutorials	<input checked="" type="checkbox"/> <input type="checkbox"/>
考試 Examinations	<input checked="" type="checkbox"/> <input type="checkbox"/>
會議 Conferences	<input checked="" type="checkbox"/> <input type="checkbox"/>



簽署
Signature [Signature]
姓名
Name JUSTINE CAROLAN
職位
Position MBChB ADMINISTRATIVE OFFICER
- YEAR 5 & GEC 4
院校名稱
Name of Institution COLLEGE OF MEDICAL & DENTAL SCIENCES
- UNIVERSITY OF BIRMINGHAM
日期
Date 22nd April 2013

Emailed University school
office
2 weeks later they mailed
back to me.

Have heard can take
months depending on Uni

Document checklist (Resit candidates)

- ▶ GMC registration certificate
- ▶ Certificate of Good Standing from UK GMC - again within 3 months of exam



Logged in as Dr Lau

- My Details
- My Account
- My Registration
- My Register status
- My Applications
- My CCPS requests**
- My Revalidation
- My Appointments
- My Surveys
- My Tests
- Contact Us
- Good Practice

My CCPS requests

Please read the Certificate of Good Standing section of our [After registration page](#) which has important information about what a Certificate of Current Professional Status (Good Standing) shows, how we process requests and any fees that apply.

Your previous GMC Online requests are listed below.

Please click 'Request a CCPS' to request a new one.

Request a CCPS

Requested Date	FAO Details	Employer Details	Regulator Details	Status
17/09/2016	The Registrar		The Medical Council of Hong Kong	Completed
02/03/2016	The Registrar		The Medical Council of Hong Kong	Completed

Browsealoud

Document submission

- ▶ Registered post or hand delivery
- ▶ Can ask family members to hand in. You do NOT have to be present
- ▶ Need original documents or notarized copies
- ▶ MCHK is happy to notarize if presented original AND photocopy (They will not photocopy for you)
- ▶ Application form needs declaration
 - ▶ UK - solicitor/ Commissioner for Oath
 - ▶ HK - 民政諮詢中心 (免費宣誓)

FEES

13. Fees payable are (subject to prevailing rates on date of payment):-

Application fee (*to be paid at the time of application*) HK\$1,590

Examination fee

(to be notified for payment upon confirmation of the eligibility to sit for the examination)

Part I Examination in Professional Knowledge HK\$3,220

Part II Proficiency Test in Medical English HK\$1,850

Part III Clinical Examination

All disciplines HK\$3,540

Single discipline (re-sit candidates only) HK\$1,380

Written Exam

Part 1 + 2



Part 2 - Proficiency in English

- ▶ Around 5 questions (with sub questions)
- ▶ Comprehension questions on a short article,
 - ▶ Doctor shopping in Hong Kong
- ▶ Asked to write a referral letter to specialist

The Hong Kong Medical Society
of the United Kingdom
香港英國醫學會

Part 1 - knowledge



**2017 Licensing Examination (First Sitting)-
Part I: Examination in Professional Knowledge**

Have to pass total 50% for both papers

Syllabus

1. Anatomy
2. Biochemistry
3. Physiology
4. Pathology
5. Microbiology
6. Pharmacology
7. Medicine
8. Surgery
9. Paediatrics
10. Obstetrics & Gynaecology
11. Psychiatry
12. Orthopaedic Surgery / Traumatology
13. Epidemiology & Community Medicine
14. Medical Ethics/Legal Medicine
15. General Practice/Family Medicine
16. Clinical Pharmacology
17. Anaesthesiology & Emergency Medicine
18. Diagnostic Radiology
19. Ophthalmology
20. Ear, Nose & Throat
21. Sexually Transmitted Diseases/Dermatology

Format

Paper I

(120 multiple-choice questions)

*Basic Sciences	(10 MCQ)
Medicine	(60 MCQ)
Psychiatry	(15 MCQ)
Paediatrics	(35 MCQ)

Paper II

(120 multiple-choice questions)

*Basic Sciences	(10 MCQ)
Medical Ethics/Community Medicine	(15 MCQ)

Surgery	(45 MCQ)
Orthopaedic Surgery	(15 MCQ)
Obstetrics & Gynaecology	(35 MCQ)

*Basic Sciences cover pre-clinical disciplines, such as Anatomy, Pharmacology and Physiology

- 1 mark given for a correct answer
- 0.25 mark deducted for an incorrect answer
- No mark given or deducted for an unanswered question
- Pass mark: 40% (i.e. 48 marks) in each paper, with a total of 50% (i.e. 120 marks) for both papers

Past Questions



A patient day 2 post femoral-popliteal bypass in his left leg, develops compartment syndrome. Which of the following is the earliest sign that occurs?

- ▶ Parathesia
- ▶ Paralysis
- ▶ Pulselessness
- ▶ Pain on passive stretching
- ▶ Pallor



65 year old slipped and fell in the bathroom and sustained the following fracture. Which of the following is the next most appropriate management?

- ▶ Wrist brace
- ▶ Short arm cast
- ▶ Long arm cast
- ▶ Cuff and Collar elevation
- ▶ Turbinet compression bandage



Which of the following tests is best to differentiate between water deprivation and SIADH:

- ▶ Plasma osmolarity
- ▶ Urine osmolarity
- ▶ Metyrapone test
- ▶ Urea and electrolytes
- ▶ Plasma ADH



Mammography is used to screen women for breast cancer. The test has sensitivity of 90% and specificity of 80%, and the prevalence of the disease at screening in the population is 5%. If 100 women were screened, how many would be false positive?

- ▶ 1
- ▶ 5
- ▶ 9
- ▶ 19
- ▶ 20



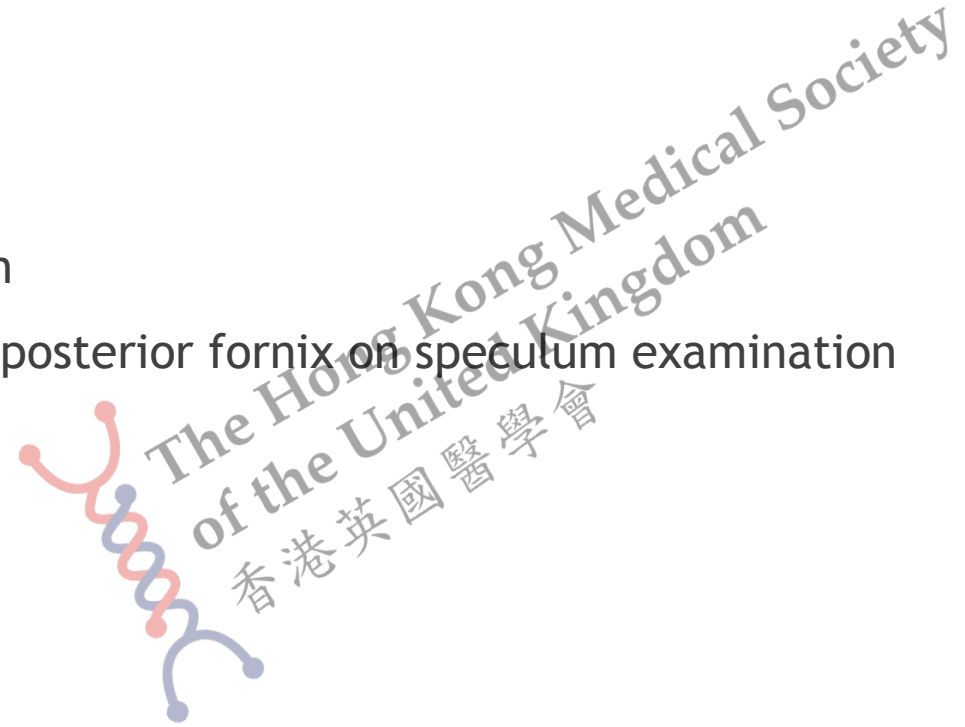
A 35 year old women presented with secondary amenorrhoea. Which of the following investigations will be most useful if she had premature ovarian failure?

- ▶ Low serum oestradiol
- ▶ Elevated serum oestradiol
- ▶ FSH
- ▶ LH
- ▶ FSH/LH ratio



A primigravida presented with sudden onset of vaginal discharge at 32 weeks. She describes it as a 'gush of fluid' followed by a continuous trickle, which is still persisting. Which of the following is the BEST method to achieve the diagnosis?

- ▶ CTG
- ▶ Urgent USS Obstetric scan
- ▶ Routine USS Obstetric scan
- ▶ Pooling of vaginal fluid at posterior fornix on speculum examination
- ▶ Fetal fibronectin test



Which of the following areas is likely to be involved in 'alien limb syndrome'?

- ▶ Dorsolateral prefrontal cortex
- ▶ Fusiform gyrus
- ▶ Insula
- ▶ Precuneus
- ▶ Supplementary motor area



Other questions in my exam

- ▶ Which neurotransmitter is mainly responsible for cravings in addiction?
- ▶ Which neurotransmitter is mainly responsible for drug dependence?
- ▶ Which mutation is associated with Polycythemia?
- ▶ Patient had parotid resection and later developed unusual sweating over his cheek. What is the diagnosis?
- ▶ Young hypertensive with a varicocele. Systolic BP 200. What is the diagnosis?
- ▶ If the hepatoduodenal ligament was accidentally cut, which of the following structures will be damaged?
- ▶ HbH inclusion bodies are found in which of the following conditions?
- ▶ Heinz bodies are found in which of the following conditions?

Don't panic!

There will be questions you know and ones you think what the hell is going on

Should you attempt them all?

Key difference in this exam as compared to most other exams is **negative marking**.

Negative marking

- ▶ Each question has 5 options.
- ▶ 3 hours to answer 120 questions = 90 seconds per question.
- ▶ Get 1 point for right answer
- ▶ Lose 0.25 for every wrong
- ▶ Minimum need 40% in each, but 50% for both - so basically aim for 50%
- ▶ I left around 30-40 questions unanswered in EACH paper.

My technique

- ▶ Go through the paper once and answer all question I know must be right.
- ▶ Work out how many remaining questions you cannot answer
- ▶ Grade the questions depending on my confidence in answering.
- ▶ Have I got capacity to gamble? How many marks can I afford to lose?
- ▶ Use this to guide how many questions you should guess.
- ▶ Start guessing ones you have the highest chances first (ones you've eliminated down to 2 options.
- ▶ More capacity then you can be more risky!
- ▶ Every question you gamble may also be a lost opportunity to gain a mark.
 - ▶ Score for a right answer you got will be deducted if you have 4 incorrect guesses

Rule for me - answered only ones that I can narrow down to remaining 2/5 or 3/5 choices.

Part 3 - clinical

OSCE

- ▶ Surgery
- ▶ Obstetrics and Gynaecology

Long/Short cases

- ▶ Medicine
- ▶ Paediatrics

- Must have passed Part 1+2 before apply
- Max 72 candidates???
- No need for white coat
- If 3 disciplines passed - valid for one attempt within the next 2 sittings.
- Sitting one discipline counts as 1 of the 5 consecutive attempts

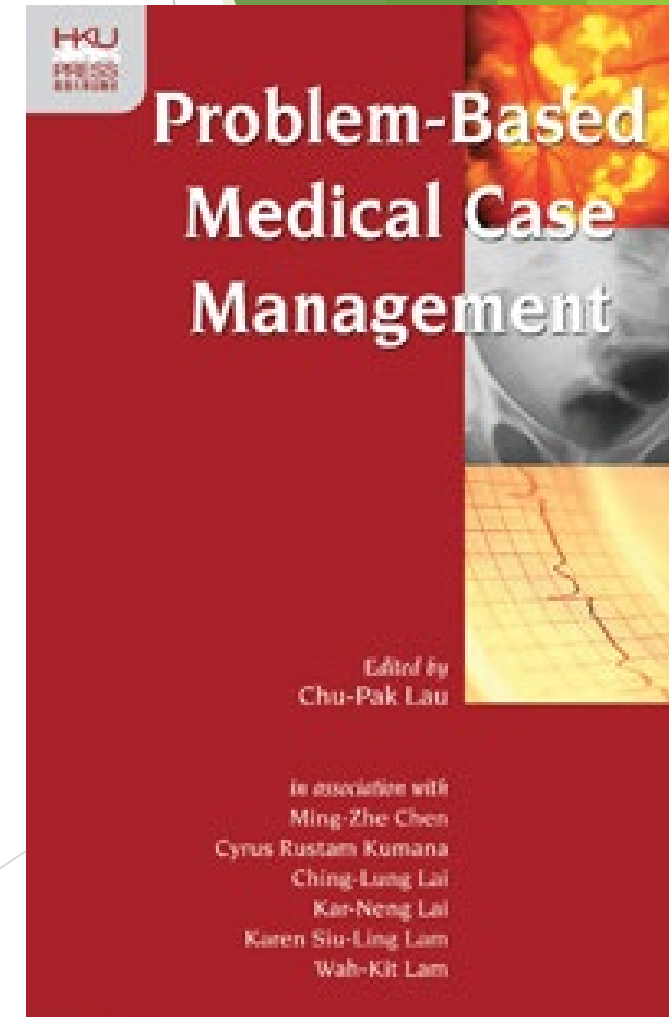
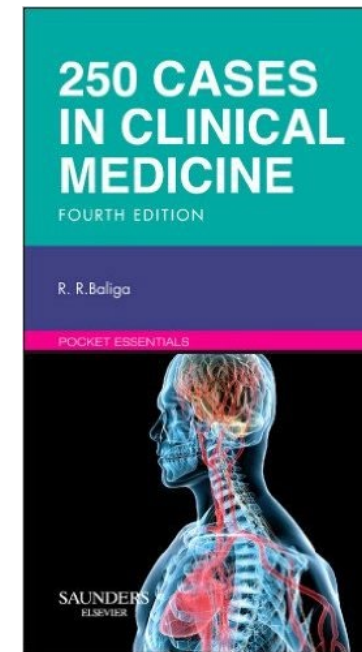
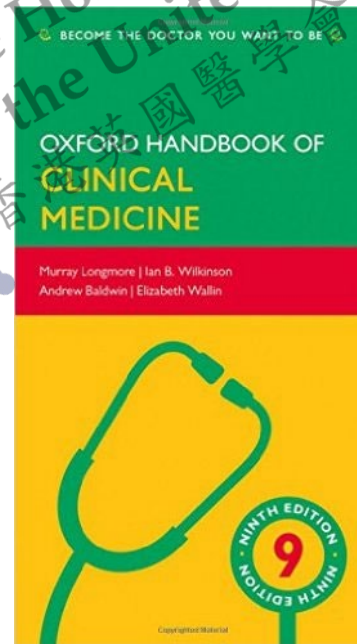
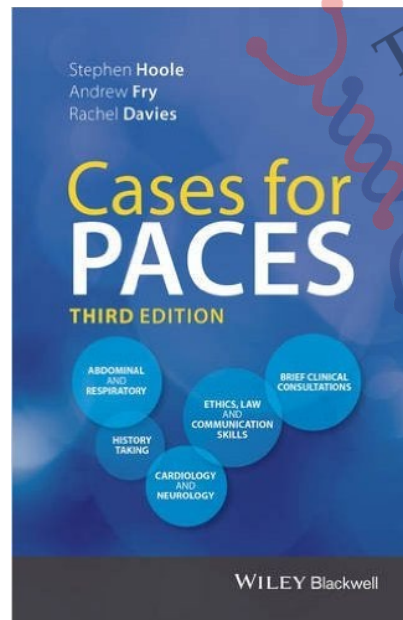
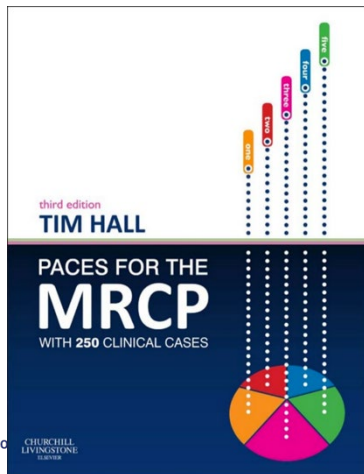
	Number of stations	Time per station	Total exam duration
Medicine	1 Long 4-6 Short (varies)	40 min (unsupervised) + 20 min viva 2 x 20 min	100 mins
Surgery	8 + 1 rest station Rest station can be scenario reading station	6 min each	54 mins
Paeds	1 Long 3-5 short (varies)	20 min (supervised) + 10 min 1 x 20 mins	50 mins
Obs & Gynae	10 stations (Usually 3 live + 7 dead)	9 min each + 1 min change over	100 mins

Part 3 - clinical tips

- ▶ Know breadth rather than depth, especially membership exam favourites!
- ▶ Know HK prevalent diseases
 - ▶ Alpha and Beta Thalassaemia, NPC, Hepatitis, G6PD, "Hong Kong Disease"
- ▶ Translator?
- ▶ Understand different requirements in OSCE and long/short cases
- ▶ OSCE stations can also be vivas with a lot of grilling.
- ▶ Be prepared to examine multiple patients in one OSCE station
- ▶ Focus more on how to recognise/ elicit clinical signs, answering technique
 - ▶ Difference between JVP and carotid pulse, spleen vs kidney
 - ▶ XR, ECG
 - ▶ Conservative/ medical/ surgical treatments, Immediate/ early/ late complications
 - ▶ Child looks well grown, but will plot height and weight on appropriate chart for...

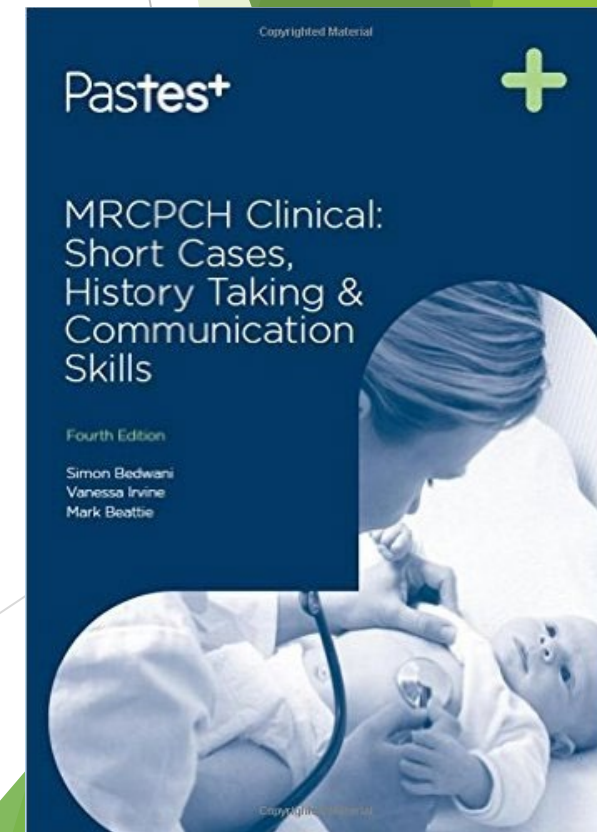
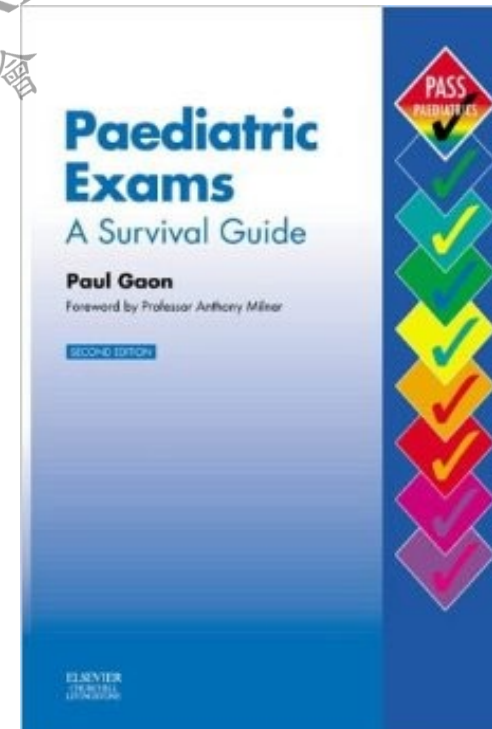
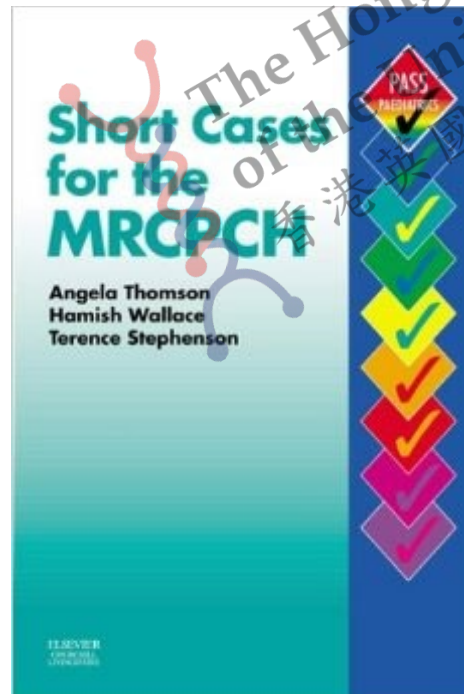
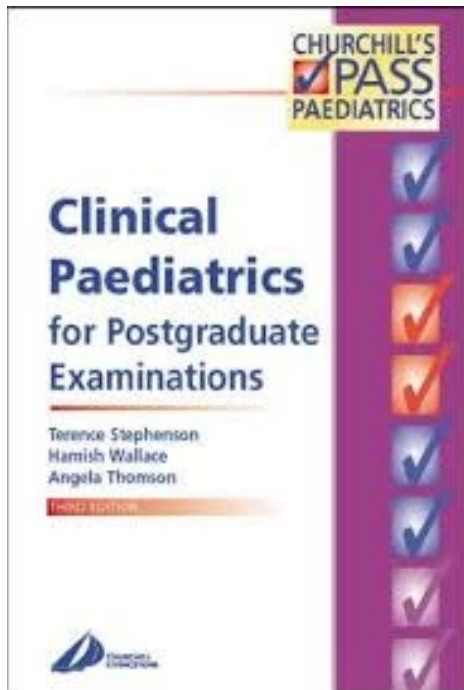
Medicine

- ▶ Problem-Based Medical Case Management - must have
- ▶ Cases for paces
- ▶ Paces for the MRCP - Tim Hall
- ▶ 250 cases in clinical medicine



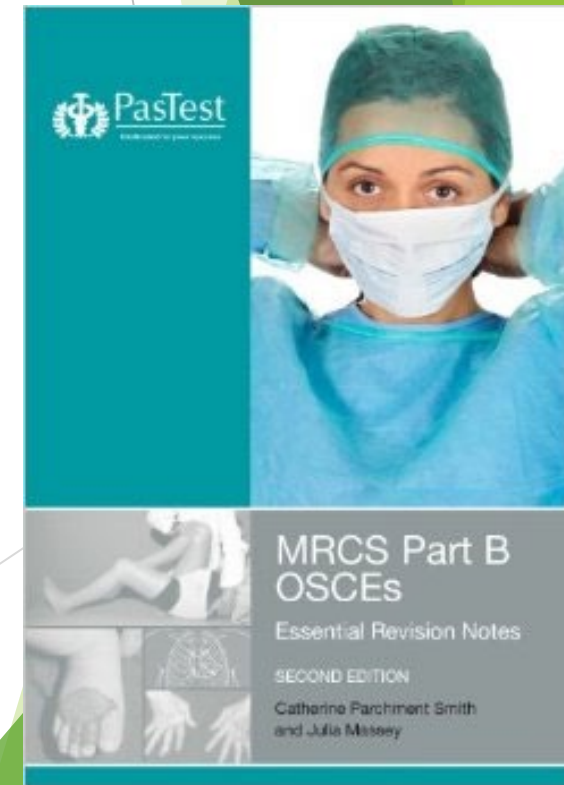
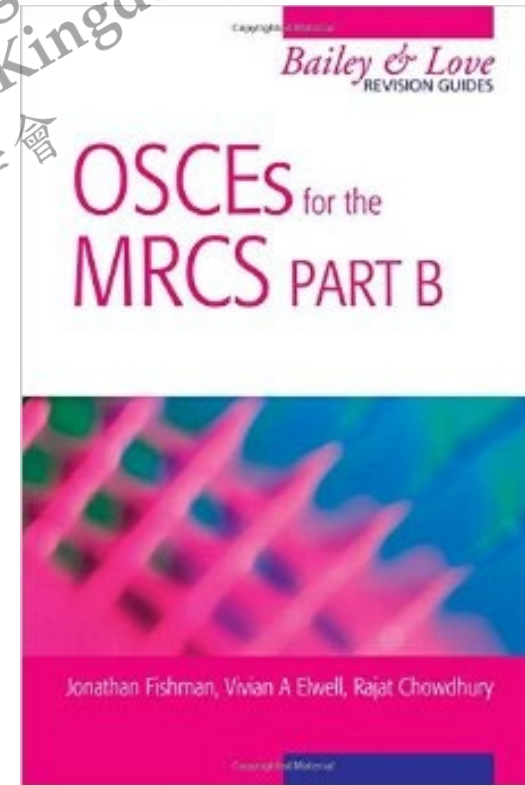
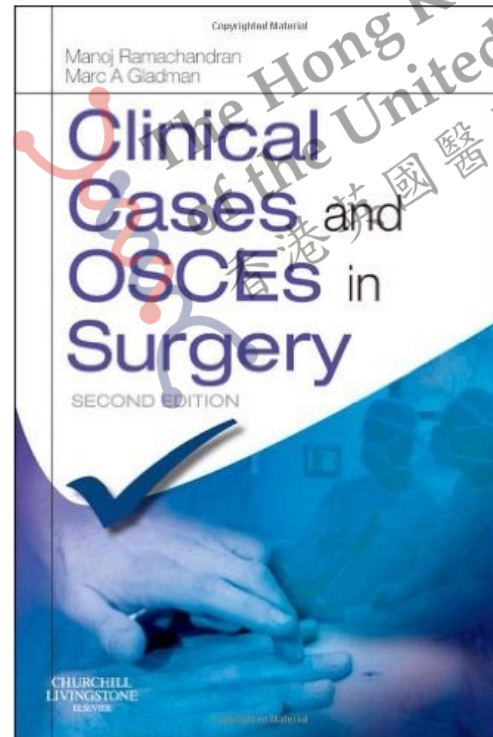
Paediatrics

- ▶ MRCPCH youtube channel - London Paediatrics Trainees Committee
- ▶ Paul Goan - Paediatric Exams
- ▶ MRCPCH for short cases
- ▶ Pastest - History taking and examination for mrcpch



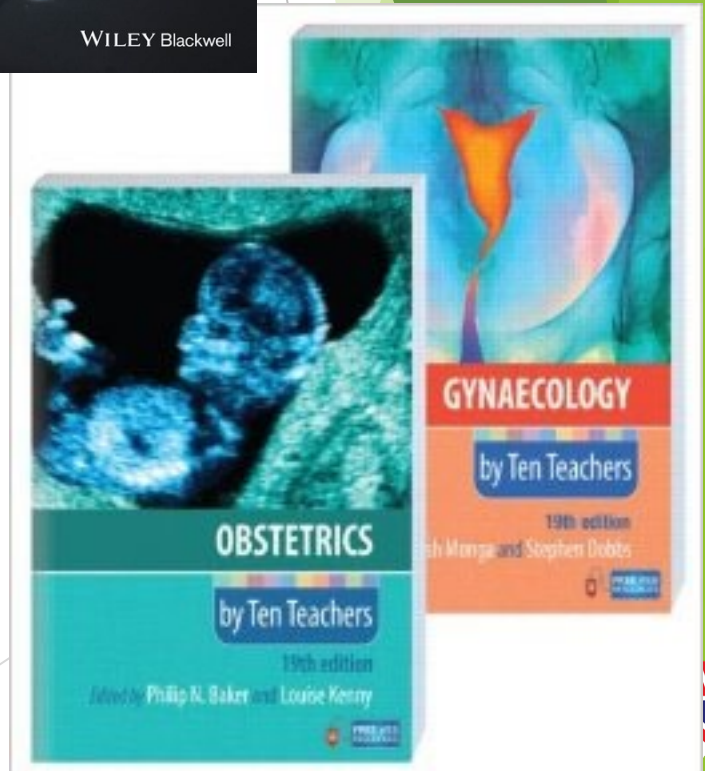
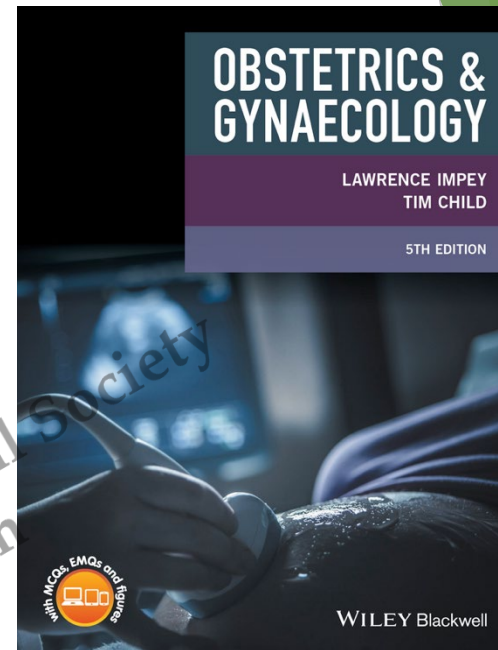
Surgery

- ▶ MRCS Part B OSCE
- ▶ OSCEs for the MRCS Part B
- ▶ Clinical cases and OSCEs in Surgery



Obstetrics and Gynaecology

- ▶ Ten teachers
- ▶ Impy
- ▶ RCOG Green top guidelines
- ▶ FSRH guidelines
- ▶ HKCOG guidelines - http://www.hkcog.org.hk/hkcog/pages_4_81.html



Once passed....

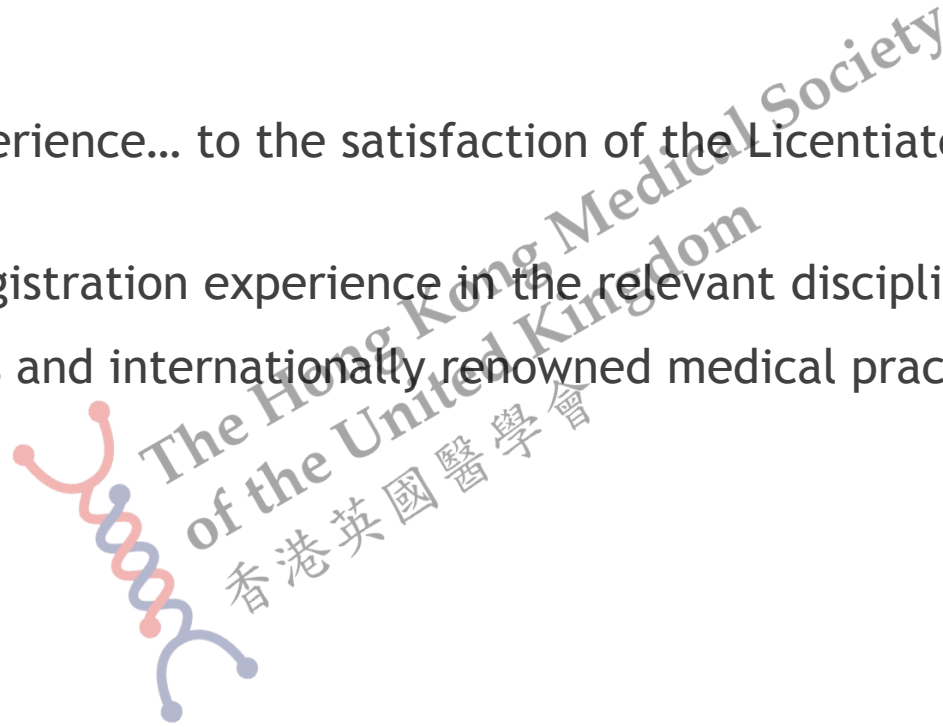
- ▶ 12 month internship - start next coming 1st Jan/ July
- ▶ Can defer depending on personal circumstances - ongoing training, pregnancy

Appeals

- ▶ Appeal within 14 days of results
- ▶ Cannot take exam whilst appealing

Exemption - part 1 (knowledge)

- ▶ Must have substantial experience... to the satisfaction of the Licentiate Committee
- ▶ Minimum 10 years post-registration experience in the relevant discipline
- ▶ Have outstanding qualities and internationally renowned medical practitioner
- ▶ No hx of adverse matters



Exemption - part 2 (English)

- ▶ Commenced or Awarded an undergraduate medical qualification in a med school with English as the principal medium... on or before 1 Jan 2011

AND

- ▶ Submit an application for exemption within 2 years after graduation.
- ▶ Gradually phasing this exemption out...
- ▶ Last batch who can take advantage: Those started medschool in 2010

Exemption - part 3 (clinical)

- ▶ Substantial experience
- ▶ Minimum 6 years post-registration experience in the relevant discipline
- ▶ Holds specialist qualification comparable to a Fellowship of HKAM
- ▶ Has no history of adverse matters.
- ▶ Max only 1 discipline can be exempted
- ▶ What is comparable to Fellowship? - look at list of quotable qualifications
- ▶ http://www.mchk.org.hk/english/guideline/files/quotable_qualifications.pdf

Exemption - internship

- ▶ Exemption - apply before starting internship if have relevant experience
- ▶ Reduction of period of internship training - apply after started internship
- ▶ Complex strict criteria
- ▶ Internship normally 4 x 3-month rotations
- ▶ Max exempt/reduction usually for 3 months (One specialty)

Are there alternative options?

- ▶ Apply back to HKU/ CUHK as medical student
- ▶ Practice elsewhere after graduation (e.g. Singapore)
- ▶ Return to HK to practice with limited registration (usually as a specialist, by appointment only)
- ▶ HK Medical Council reforms??

Passing rate

1977年至2011年醫生執業試結果

1977年至1996年執業試考試結果

年份	第一部			第二部 (3月)			第二部 (5月)			第三部			完成非駐院實習人數
	考生人數	合格人數	%	考生人數	合格人數	%	考生人數	合格人數	%	考生人數	合格人數	%	
1977	1129	171	15	170	145	85	-	-	-	142	112	79	-
1978	722	74	10	95	78	82	-	-	-	106	40	38	-
1979	422	91	22	106	85	80	-	-	-	138	70	51	106
1980	498	82	16	105	81	77	-	-	-	135	50	37	43
1981	402	51	13	74	64	86	-	-	-	131	82	63	64
1982	464	54	12	64	54	84	-	-	-	102	59	58	54
1983	347	84	24	67	63	94	33	29	88	126	107	85	79
1984	351	127	36	108	82	76	47	30	64	129	73	57	62
1985	479	121	25	98	75	77	44	34	77	167	85	51	106
1986	391	96	25	88	56	64	44	37	84	179	65	36	74
1987	334	45	13	40	31	78	18	7	39	141	42	30	84
1988	225	21	9	25	14	56	12	8	67	83	30	36	64
1989	138	19	14	17	17	100	7	4	57	76	31	41	41
1990	132	45	34	33	27	82	11	5	45	86	26	30	31
1991	190	21	11	25	18	72	5	3	60	68	37	54	29
1992	201	52	26	49	41	84	8	5	63	84	35	42	27
1993	216	28	13	22	15	68	12	8	67	72	25	35	36
1994	197	10	5	12	9	75	4	2	50	54	22	41	35
1995	241	52	22	35	28	80	17	14	82	75	25	33	26
1996	260	13	5	12	10	83	2	1	50	58	22	38	22

註：香港醫務委員會執照簽發總數：983

1996年以來舉辦的執業資格試考試結果

年份	專業知識考試			醫學英語技能 水平測驗 (3月)			醫學英語技能 水平測驗 (9月)			臨牀考試			完成駐院實習人數
	考生人數	合格人數	%	考生人數	合格人數	%	考生人數	合格人數	%	考生人數	合格人數	%	
1996	154	11	7	-	-	-	140	88	63	40	12	30	-
1997	178	13	7	15	12	80	90	48	53	27	9	33	11
1998	165	43	26	7	7	100	51	43	84	49	17	35	6
1999	165	20	12	5	4	80	57	39	68	49	9	18	16
2000	132	13	10	1	0	0	48	28	58	42	10	24	10
2001	124	13	10	*	-	-	50	37	74	35	9	26	10
2002	104	11	11	*	-	-	31	13	42	33	13	39	7
2003	76	11	14	*	-	-	30	26	87	27	7	26	9
2004	77	7	9	*	-	-	20	13	65	21	9	43	7
2005	81	11	14	*	-	-	29	22	76	22	5	23	10
2006	105	21	20	*	-	-	36	29	81	26	9	35	5
2007	117	22	19	*	-	-	34	33	97	37	18	49	8
2008	138	12	9	*	-	-	38	25	66	23	8	35	9
2009	158	41	26	*	-	-	39	22	56	48	15	31	12
2010	168	43	26	*	-	-	65	64	98	72	21	29	11
2011	221	51	23	*	-	-	54	50	93	76	21	28	15

*2001年3月起停辦

Passing rate

	Part 1 Knowledge (n = 300)	Part 2 English	Part 3 Clinical (n=60-70)
2013	102	103	46
2014 a	?	?	45
2014 b	?	?	28
2015 a	?	?	24
2015 b	?	?	16
2016 a	22	?	14
2016 b	?	?	27

Facebook groups

- ▶ Hong Kong Medical Licentiate Exam
- ▶ [HKMLE UK Applicants for 2017](#)
- ▶ [Overseas Hong Kong Medical Students & Doctors Society](#)



Placements

- ▶ KWH
- ▶ Ruttonjee
- ▶ UCH
- ▶ CMC



Lastly....

- ▶ Revise hard
- ▶ Try to enjoy it - will see a lot of interesting signs for the first time
- ▶ Don't let failure discourage you.

- ▶ Good luck!

