

Clinical experiences in Hong Kong

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- Applications to CUHK elective
- Specialities
- UK vs HK
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List of attachments

	Attachments
Pre-med	Volunteer 3 weeks Physiotherapy and 3 weeks in Paeds ICU
Year 1	Nil
Year 2	4 weeks UCH A&E
Year 3	3 weeks UCH A&E
Year 4 (Elective)	6 weeks PWH Medicine, 2 weeks UCH Paediatrics
Year 5	2 weeks QMH Orthopaedics, 2 weeks UCH Paediatrics

UCH A&E

- 2nd and 3rd year
- No regular teaching
- Need to follow MO/AC
- Teaching quality highly variable
- Need to rush through cases
- Cannot see patients and present back
- Loads of Non-emergency primary care cases

A&E HK VS UK

	Hong Kong	United Kingdom
Number of patients to see	Quota (21 points vs 30 points)	No quota
Time per patients (Minor)	5-10 mins	15-30 mins
Time per patients (Major)	20-30 mins	60 mins +
Documentation	Less detailed	More detailed
Varity of cases	More minor cases	More major cases
Teaching (informal)	Less	More
Defensive medicine	Common	Very common

QMH Ortho (Hand)

- 2 weeks attachment
- T+O (Hand Surgery)
- Clinics, Rehab, Theatre long cases and day cases, Journal club in HKU
- Anatomy
- More cases in theatre but less likely to get surgical experiences
- Human retractor
- Clinics are much busier than UK

Ortho HK vs UK

	Hong Kong	United Kingdom
Number of clinic patients to see	Much more	Much less
Time per patients (clinic)	5-10 mins	15-30 mins
Documentation	Less detailed	More detailed
Varity of cases	Similar	Similar
Teaching (informal)	Less	More
Defensive medicine	Common	Very common
Theatre teaching	Variable	Variable
Cases per theatre (Small procedure)	Average 12	Average 6

UCH Paediatrics

- Need to self arrange
- Occasional Medical students from CU
- No log book
- Generic timetable given
- Departmental teaching 1/52
- Neonatal clinic
- General Paediatric clinic
- Ward to clerk patients
- Laser treatment for birth mark

PWH Medicine

- 6 weeks
- Paired with 5th year medical student
- Need to self arrange
- No log book/attendance check
- Generic timetable given
- Lots of small group tutorials, bedside teaching and clinics
- Clerk case in groups

CUHK/HK elective

- Apply early
- Not as competitive as HKU
(Depends on speciality & competition)
- Simply fill in the applications form, No non-refundable payment
- ???Need to pair up with CUHK students yourself
- Teaching experience can be highly variable

Overall HK vs UK for elective

	Hong Kong	United Kingdom
Informal teaching	Less	More
Formal teaching	Less	More
Theatre opportunity	Less	More
Variety of cases	Higher	Depends
Organisation	Similar (HKU)	Similar
Research opportunity	Less	More
Audit opportunity	Less	More
Aim	LMCHK, connections, break	Portfolio

LMCHK

- Medicine/ Paediatrics
 - Much harder than UK
 - Spot diagnosis
 - Some syndromes can only be seen in HK (Paeds)
 - Know the format of exam (E.g. OSCE format in CUHK final MB)
 - Know the examiner style and questions they like to ask
 - Connections

Tips for LMCHK as FY2

- Start early.
- Prepare MCQs as FY1 and take the Nov exam as FY2
- Keep practise MCQs
- Start OSCE early (Start with the easiest i.e. OG)
- Find a study buddy if possible
- Do think about career prospective and speciality training in addition to family and friends



The end

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Questions?